

# WHY EVERY GRADE 9 and 10 STUDENT DESERVES “HEALTHY ACTIVE LIVING”!



Inactivity, drugs, violence, poor nutrition, mixed messages about sex and sexuality—the problems young people face seem overwhelming. What is needed is a single, authoritative resource to help young people sort through these issues.

## HELPING ALL STUDENTS SUCCEED

1. **Empowering Parents.** Parents need to know that teachers have the tools at their disposal to help get their children through the challenging teenage years. HAL is a made-in-Canada resource. Comprehensive high-school physical education and health — all in one package. There is no resource quite like it.
2. **Empowering Teachers.** HAL is not simply a textbook — it is a fully integrated teaching package for Grades 9 and 10. Everything works together – teachers support material, student print and online resources – to allow teachers to deliver the healthy active living message in the most efficient way possible. No more photocopying.
3. **Empowering Our Students.** HAL gives students information from which they can make smart decisions, and it encourages them to make these decisions for themselves. All students want to succeed, and HAL can help teachers ensure that all students reach their full potential.
4. **Healthy Schools — and Literacy, Too.** Students want to know about their health and what is best for them. Now, in this health literacy initiative, they can read about all about it and write about it, too. HAL incorporates the reading, writing and presentation skills that will serve students a lifetime.
5. **High-School CPR.** All students in Grade 9 are expected to learn basic CPR. HAL contains the full text of the ACT Foundation’s most recent version of the High School CPR Student Manual.
6. **Comprehensive, Authoritative.** HAL was developed in association with the Ontario Physical and Health Education Association (OPHEA). Many other organizations and associations were involved as part of the HAL author team.
7. **Inclusive — A Chance for All Students to Succeed.** HAL is not for a select few — all students need it. It addresses the cultural diversity of the Canadian population and fosters equality between boys and girls, people of different ethnic origins, religious backgrounds and sexual orientations.
8. **Student Success — Win, Win, Win.** Students win. Teachers win. Parents win. Communities win. What could be better?

**Every student (and every parent) deserves HAL!**

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**For more information**  
**[www.thompsonbooks.com/hal](http://www.thompsonbooks.com/hal)**