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<tr>
<td>A1: Social Change and Current Issues</td>
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<tr>
<td>Demonstrate an understanding of how the social and cultural significance of physical activity and sport has evolved historically, and analyse current social issues relating to physical activity and sport.</td>
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<td>A2: Participation -- Influences and Benefits</td>
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<td>Demonstrate an understanding of the individual and social benefits of participation in physical activity and sport and the factors that enable and constrain participation.</td>
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<td><strong>B</strong></td>
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<td>B1: Anatomy and Physiology</td>
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<td>Describe the structure and function of major body systems involved in human movement, and demonstrate an understanding of related anatomical and physiological concepts and theories.</td>
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<td>Demonstrate an understanding of and assess factors that affect performance during human movement.</td>
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<td>C1: The Mechanics of Movement</td>
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<td>Demonstrate an understanding of the phases of movement and of physical laws and biomechanical principles related to improving movement.</td>
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<td>Demonstrate an understanding of human growth and motor development, and apply it to the design of age-appropriate movement activities and to the enhancement of movement skills.</td>
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