



Quiz Quiz Do

Cross-Curricular Activity

How It Works

Quiz-Quiz Do is a fun cross-curricular activity that allows teachers to integrate any subject with physical activity. It allows teachers to easily review previous lessons while also meeting DPA requirements. Students will have fun demonstrating their knowledge and understanding of course material while also developing their physical literacy.

The teacher separates the class into teams and/or pairs and gives each team a *Functional Fitness Chart* with a unit-based question already written on the front and the answer written on the back. Teams then move around the room until they meet-up with another team of students. The first team asks their question (providing hints if needed). Once correctly answered both teams perform the activity on the Chart before the other team asks their question and then together they complete the second Charts exercise. Once both team's questions are answered correctly and they've completed both activities, the students switch charts and seek out another team to trade with.

Materials Needed

- Set of *Functional Fitness Charts*
- Selection of unit-based review questions

Preparation

- Write unit-based questions on the front and answers on the back of a selection of *Functional Fitness Charts*
- A timer (optional)

Suggested Approach

- Ensure students are familiar with how to properly and safely perform the exercises on the *Functional Fitness Charts*
- Clearly and explicitly explain the rules before beginning the activity
- Divide the class into groups and/or pairs
- Set a timer (optional)
- Begin the Quiz!



Grow Your Quiz Quiz Do

Engage Critical Thinking Skills

How It Works

Engage student critical thinking skills by presenting each group and/or pair with a *Functional Fitness Chart*. Instead of providing each group with a question, have the group/pair come up with their own unit-based question (along with the correct answer) that they can ask the other groups. (E.g. What is the anatomical name for this bone?)

Additional Materials

- 5-10 erasable markers (to write questions and answers on the *Functional Fitness Charts*)

Suggested Approach

- Give students 10-15 minutes to create their unit-based question, be sure to specify which unit the class is to focus on.