

Tap, Tap and Away

Cross-Curricular with Numeracy

How It Works

Tap, Tap and Away is a fun cross-curricular activity that uses the **Up in the Air** (15) chart from the Active Start *Functional Fitness Chart* set. **Tap, Tap and Away** is an easy way to hit students with a little exercise in disguise and get their hearts pumping while also allowing teachers to easily assess simple math skills.

Using **Up in the Air** (15) from the Active Start *Functional Fitness Chart* set students practice their listening and counting skills. Using balloons students will tap out a number called by the teacher, aiming to make the correct amount of taps without allowing the balloon to hit the floor. The game can be played as singles, pairs or groups.

Materials Needed


- Up in the Air (15) chart from the Active Start *Functional Fitness Chart* set
- Balloons

Preparation

- Blow up enough balloons to accommodate the number of students in your class, pairs or groups (have students help if possible/desired)

Suggested Approach

- Walk students through the **Up in the Air** (15) chart — ensure they understand the technique
- Clearly explain the rules to students
- Push chairs and desks to the outer edges of the classroom (or take your class outside for some fresh air) to ensure students have enough space to perform the task comfortably and safely
- Begin the game!



Grow Your Tap, Tap and Away

Add variation

How It Works

Easily add variations to your game of **Tap, Tap and Away** — progress your lessons in numeracy to include simple math equations. Call out an equation (e.g. $5+2=?$) and have students tap out the answer.

Or add an element of literacy to the game by calling out a word and having students tap out the correct number of letters it takes to spell it, or have them tap the number of syllables in the word. Go even further by having students tap while they spell the word aloud.

Additional Preparation

- Create a series of curriculum based equations and/or words for use during the game